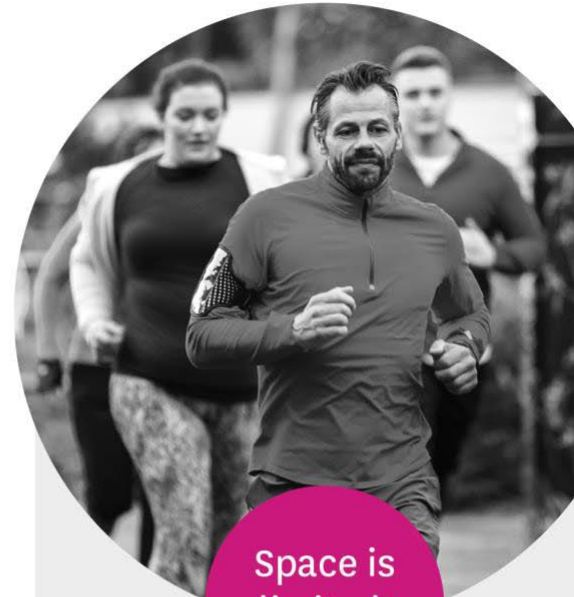


# You're Invited to a Wellness Webinar!

## May Topic: Finding Joy in Good Works

Health Net's May webinar, [\*Finding Joy in Good Works\*](#) is all about learning how giving of yourself to others gives back to you as well. It can do your health and wellness good! Learn how doing good works can have a direct effect on your mental state of mind. And help to promote a happier lifestyle! Join us in this webinar as we discuss how.

*Finding Joy in Good Works* will be held on Wednesday, May 15, 2024, from noon to 12:45 p.m. Pacific time.



Space is  
limited!

*Sign-up today!*

**Date:** May 15, 2024

**Time:** 12:00 p.m. – 12:45 p.m.  
Pacific Time

**Location:** Online  
Webinar/Teleconference

**RSVP:**

[https://centene.zoom.us/webinar/register/WN\\_7eoJ-St7RkSy9bDKIsuxMw](https://centene.zoom.us/webinar/register/WN_7eoJ-St7RkSy9bDKIsuxMw)

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